



NAMI Colorado is the Colorado state organization of the National Alliance on Mental Illness. NAMI Co and its affiliate groups around the state offer support, education, and advocacy in Colorado for people living with or affected by mental illness. There is no charge for any of the programs or services that NAMI offers.

## **"Real People, Real Facts"**

Mental illness is not anyone's fault.

### **The Impact of Suicide in Colorado**

- In 2010, suicide was the seventh leading cause of death for all Coloradans and the second leading cause of death among youth and young adults ages 10-34.
- There were 867 suicides among Colorado residents in 2010, which exceeded the number of deaths from homicide (171) and from motor vehicle crashes (480).
- As many as ninety percent of individuals who complete suicide experience a mental or substance use disorder, or both.<sup>1</sup>

### **The Costs of Suicide in Colorado**

- Each suicide death in Colorado costs approximately \$3,738 in direct costs (health care expenses, autopsies and criminal investigations).
- Each suicide costs \$1,414,842 in indirect costs (estimate of productive years of life lost).
- For suicide attempts, each hospitalization costs an average of \$10,014 in direct costs and \$11,987 in indirect costs.

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<sup>1</sup> SAMSA White Paper 2008

Other Source: Excerpts from

*Office of Suicide Prevention Annual Report: Suicide Prevention in Colorado 2010-2011*